## Roommate Contract

## Introduction to the Roommate Contract:

Please take the time to fill this out together, and be as honest as possible. The goal behind this document is to ensure you have the most positive time within residence as possible. As you work through each section, take note of any conflicts, disagreements and challenges that arise and please make notes on them in the resolving conflict section at the end of the contract. Once you have completed the contract and

## Please print your names

Roommate \#1.

Roommate \#2. have come up with solutions, sign the agreement and keep it easily accessible for review if necessary.

## Remember...

You do not have to be best friends with your roommate, but you do have to:

- Respect each other
- Communicate honestly and effectively
- Seek assistance when needed to avoid conflicts

About Me

|  | Roommate \#1 | Roommate \#2 |
| :--- | :--- | :--- |
| What are your priorities (i.e. School, <br> Socializing etc) |  |  |
| Most nights, I expect to go to sleep by |  |  |
| I expect to get up most morning by |  |  |

It really bothers me when, so please don't:

|  | Roommate \#1 | Roommate \#2 |
| ---: | :---: | :--- |
| 1. |  |  |
| 2. |  |  |
| 3. |  |  |

List of my personal Habits (smoking, drinking, meditation, exercise, hobbies, etc.):

|  | Roommate \#1 | Roommate \#2 |
| ---: | :---: | :--- |
| 1. |  |  |
| 2. |  |  |
|  |  |  |
| 3. |  |  |

## Temperature:

Because the temperature of the room can be adjusted by the residents within the room, it is best to have a set temperature for during the day and the night. This is something that may need to change as the weather changes.
During the day (state hours: $\qquad$ ) the temperature will remain at $\qquad$ degrees.
During the night (state hours: $\qquad$ ) the temperature will remain at $\qquad$ degrees.

Study and Quiet Hours:

|  | Roommate \#1 |  |
| :--- | :--- | :--- |
| The following day(s) \& time(s) <br> will be set aside for studying |  | Roommate \#2 |
| I can deal with these levels of <br> noise \& distraction while <br> studying |  |  |

Community/Personal Property:
You may use these possessions of mine:

|  | Roommate \#1 |  |  |  |  | Roommate \#2 |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: | :---: |
| TV, Computer/Laptop | Yes $\square$ | No $\square$ | Yes, but ask $\square$ | Yes $\square$ | No $\square$ | Yes, but ask $\square$ |  |  |
| Appliances/dishes | Yes $\square$ | No $\square$ | Yes, but ask $\square$ | Yes $\square$ | No $\square$ | Yes, but ask $\square$ |  |  |
| Clothing | Yes $\square$ | No $\square$ | Yes, but ask $\square$ | Yes $\square$ | No $\square$ | Yes, but ask $\square$ |  |  |
| Food |  |  | Yes $\square$ | No $\square$ | Yes, but ask $\square$ | Yes $\square$ |  |  |

Cleaning:

|  | Roommate \#1 | Roommate \#2 |
| :---: | :---: | :---: |
| My definition of "tidy" and "clean" is |  |  |
| Who will be responsible for taking out the garbage and recycling \& when | \#1 $\square$ \#2 $\square$ Both $\square$ alternate <br> When: $\qquad$ | \#1 $\square$ \#2 $\square$ Both $\square$ alternate <br> When: $\qquad$ |
| Who will be responsible for doing the dishes | \#1 $\square$ \#2 $\square$ Both $\square$ alternate $\square$ | \#1 $\square$ \#2 $\square$ Both $\square$ alternate $\square$ |
| When will dishes be completed? | Immediately $\square$ Morning $\square$ Evening $\square$ Other $\qquad$ | Immediately $\square$ Morning $\square$ Evening $\square$ Other |
| Kitchen and Bathroom Cleaning \& how often? | Both $\square$ Alternate $\square$ Schedule $\square$ <br> When: | Both $\square$ Alternate $\square$ Schedule $\square$ <br> When: |

Guests and Visitors:

|  |  | Roommate \#1 |  | Roommate \#2 |
| :--- | :--- | :--- | :--- | :--- |
| Are you comfortable with <br> guests? | Yes $\square$ | No $\square$ | Nos $\square \quad$ No $\square$ |  |
| If yes, how many at one time |  |  |  |  |
| Are you comfortable with male <br> and female guests? | $\mathrm{M} \square$ | $\mathrm{F} \square$ | Both $\square$ Neither $\square$ | $\mathrm{M} \square$ |

Resolving Conflict:

|  | Roommate \#1 |  |
| :--- | :--- | :--- |
| If I have done something to <br> upset you or go against our <br> roommate agreement please <br> tell me in the following ways: |  | Roommate \#2 |
| When I am upset or <br> experiencing conflict l... (call my <br> parents, stay in my room etc.) |  |  |

## Finalized Conflict Resolution Terms:

This section is for you to come up with some finalized strategies for resolving conflict based on the discussions you have had.

| Problems or Disagreement | Compromise or Solution |
| :--- | :--- |
| (i.e) Roommate \#1 does not like guests on the <br> weekends. | (i.e.)Agreeing on one weekend a month where <br> Roommate 2 could have friends come up and stay and <br> Roommate 2 will post these dates on a calendar in the <br> kitchen. |
|  |  |
|  |  |
|  |  |
|  |  |

## Agreement:

By signing this agreement, we as roommates, complete this exercise in good faith, and fully intend to abide by all terms that we have made.

Date:

Roommate \#1 Signature: $\qquad$

Roommate \#2 Signature: $\qquad$

Room \#: $\qquad$

